First Aid for Seizures
(Complex partial, psychomotor, temporal lobe)

1. Recognize common symptoms
   - Blank staring
   - Chewing
   - Fumbling
   - Wandering
   - Shaking
   - Confused speech

2. Follow first aid steps
   - Don’t grab hold
   - Explain to others
   - Block hazards
   - You’ll be okay.
   - Speak calmly
   - Track time, remain nearby...
   - ...until seizure ends

People who’ve had this type of seizure should be fully conscious and aware before being left on their own. Make sure they know the date, where they are, where they’re going next. Confusion may last longer than the seizure itself and may be hazardous. If full awareness does not return, call for medical assistance.

EPILEPSY FOUNDATION

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