

# North County Parent & Adult Support Group *Meeting Schedule*

<b>2010</b>	<b>The North County Parent &amp; Adult Support Group meets the 1st Tuesday of Every Month.</b>	
<b>Jan 5</b>	<b>Time:</b>	7 - 8:30 p.m.
<b>Feb 2</b>	<b>Location:</b>	The October 5 meeting will be located at: *San Marcos Community Center 3 Civic Center Drive, San Marcos, CA 92069; Dining Room * <i>This is not a permanent location, please contact the Epilepsy Foundation of San Diego County for further information.</i>
<b>Mar 2</b>		
<b>Apr 6</b>	<b>Purpose of the group:</b>	To provide support, information, and a sense of community for those with epilepsy and their caregivers. This group intends to create a safe and compassionate environment to explore feelings, address questions, and empower those living with epilepsy and the people who love them.
<b>May 4</b>		
<b>Jun 1</b>		
<b>Jul 6</b>		This group serves the North County community of San Diego and welcomes ANYONE seeking information or assistance with epilepsy and seizures.
<b>Aug 2</b>		All ages are welcome. Please contact Kelley Grimes if you plan to bring your youth.
<b>Sep 7</b>	<b>Facilitator:</b>	Kelley Grimes, MSW
<b>Oct 5</b>		Kelley has been with the Foundation for 9 years. She has a beautiful teenage daughter with epilepsy. Kelley has been educating, assisting, and advocating for people with epilepsy for many years and knows first-hand the importance of self-empowerment. Kelley is proud to offer the service of Educational Advocacy in the school setting. You may contact Kelley for more information regarding this service.
<b>Nov 2</b>		
<b>Dec 7</b>		<b>Kelley Grimes, MSW</b>